



**Spoon River Valley Schools**  
Community Unit District No. 4  
Ellisville – Fairview – London Mills – Maquon - Rapatee  
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London Mills, Illinois 61544  
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**K. Scot Reynolds**  
Superintendent

**Christopher Janssen**  
Jr – Sr High Principal

**Julie Deignan**  
Elementary Principal

October 20, 2009

Parents and families of Spoon River Valley:

Yesterday we received calls from two parents reporting that their child was diagnosed by a physician as having a possible case of the H1N1 virus. However, the physician did not complete the H1N1 culture, so the case has not been confirmed. Similarly, the CDC is no longer tracking cases, except for those that require hospitalization for more than 24 hours. We are working with local and state health officials to monitor the situation, and at this time, schools will remain open and operating normally.

The best way to reduce the spread of H1N1 or any other virus is to practice good hygiene, and we encourage you to teach your children to wash their hands often, keep their hands away from their eyes, nose and mouth, and cover coughs and sneezes with their sleeve or a tissue. For more prevention tips, visit the Illinois Department of Public Health online at [http://www.idph.state.il.us/h1n1\\_flu/index.htm](http://www.idph.state.il.us/h1n1_flu/index.htm).

Please keep your child home from school if he or she shows any flu symptoms, including fever, cough, sore throat, body aches, headaches, chills and fatigue, and contact your health care provider and the school immediately. Students with the flu should stay home until at least 24 hours after they no longer have a fever or signs of a fever, without the use of fever-reducing medicines.

We have enclosed information on flu from the Center for Disease Control and Prevention, and you can also find more information about H1N1 and seasonal flu viruses by visiting <http://www.isbe.net/htmls/H1N1.htm>, [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu) or [www.flu.gov](http://www.flu.gov).

Let us assure you that the health and well being of our students is our top priority, and we are doing everything possible to address the situation. Please feel free to contact the office if you have any questions or concerns.

Sincerely,

**K. Scot Reynolds**  
Superintendent  
Spoon River Valley CUSD #4

**Chris Janssen**  
Principal  
Spoon River Valley Jr./Sr. High

**Julie Deignan**  
Principal  
Spoon River Valley Elementary