7-12 Lunch Menu

Spoon River Valley CUSD#4

www.spoon-river.k12.il.us

Food Bytes

Whole School, Whole Community, Whole Child

Did you know that in healthy schools, students are more alert and focused on learning and miss less school? They not only learn better but also learn life-long healthy behaviors. Healthier schools lead to healthier students which lead to healthier communities.

The Whole School, Whole Community, Whole Child (WSCC) model includes:

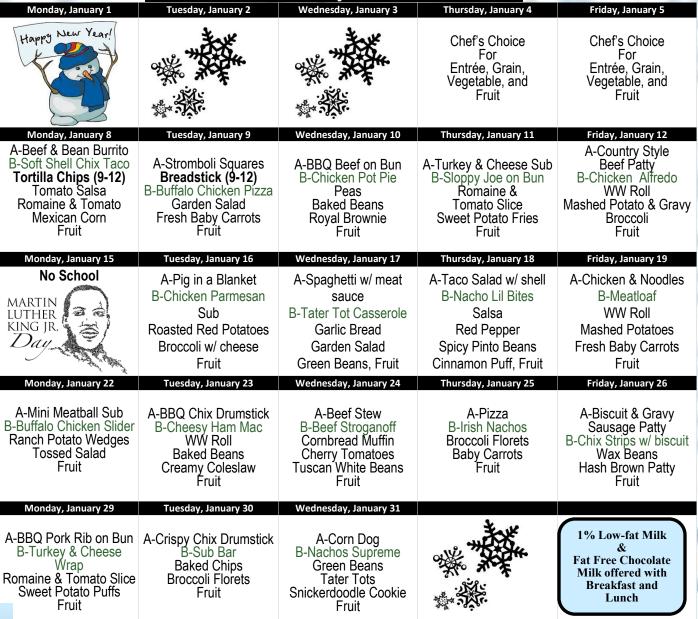
- Health Education
- Physical Education/Activity
- Nutrition Environment & Services
- School Health Services
- Counseling, Psychological & Social Services
- Social & Emotional Climate
- Physical Environment
- Staff Wellness
- Family Engagement
- Community Involvement

With all 10 components in place and working together, students will be healthier in school and ready to learn. Support the health and academic connection at your school.

January

- Family Fit Lifestyle Month
- National Oatmeal Month
- National Soup Month

January 2018



Menus are subject to change.

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This institution is an equal opportunity provider.